



## RECREATION ACTIVITY SCHEDULE - EARLY FALL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:30 am <b>Yoga#</b> Oceanfront Lawn			8:30 am – 9:30 pm <b>Slow Flow / Yin / Yoga Nidra#</b> Oceanfront Lawn		8:30 am <b>Yoga#</b> Oceanfront Lawn	8:30 am <b>Yoga#</b> Oceanfront Lawn	
10:00 am <b>Arts and Crafts</b> Kids Zone	10:00 am <b>Arts and Crafts</b> Kids Zone	10:00 am <b>Arts and Crafts</b> Kids Zone	10:00 am <b>Arts and Crafts</b> Kids Zone	10:00 am <b>Arts and Crafts</b> Kids Zone	10:00 am <b>Arts and Crafts</b> Kids Zone	10:00 am <b>Arts and Crafts</b> Kids Zone	
11:00 am <b>Face Painting</b> Kids Zone					11:00 am <b>Face Painting</b> Kids Zone	11:00 am <b>Face Painting</b> Kids Zone	
1:00 pm <b>Kidz Karnival</b> Oceanfront Lawn	1:00 pm <b>Pirate Treasure Hunt</b> Kids Zone	1:00 pm <b>Teddy Bears Picnic</b> Flower Garden	1:00 pm <b>Pirate Treasure Hunt</b> Kids Zone	1:00 pm <b>Teddy Bears Picnic</b> Flower Garden	1:00 pm <b>Teddy Bears Picnic</b> Flower Garden	1:00 pm <b>Teddy Bear Picnic</b> Flower Garden	
3:00 pm <b>Nature Walk</b> Kids Zone	3:00 pm <b>Trivia</b> Kids Zone	3:00 pm <b>Trivia</b> Kids Zone	3:00 pm <b>Nature Walk</b> Kids Zone	3:00 pm <b>Nature Walk</b> Kids Zone	3:00 pm <b>Trivia</b> Kids Zone	3:00 pm <b>Nature Walk</b> Kids Zone	
		4:30 pm – 5:30 pm <b>Slow Flow / Yin / Yoga Nidra#</b> Oceanfront Lawn	<b>AQUAFIT CLASSES by Celeste   Tuesdays, 6-7 pm &amp; Wednesdays, 10-11 am.</b> <b>FREE to resort guests &amp; Country Club members (prior reservation required) Call 902.947.2550</b> The Pool Area will be closed to non-registered participants during this time.				
5:30 pm <b>Family Movie</b> Kids Zone	5:30 pm <b>Family Movie</b> Kids Zone	5:30 pm <b>Family Movie</b> Kids Zone	5:30 pm <b>Family Movie</b> Kids Zone	5:30 pm <b>Family Movie</b> Kids Zone	5:30 pm <b>Kidz Karnival</b> Oceanfront Lawn	5:30 pm <b>Kidz Karnival</b> Oceanfront Lawn	
7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	7:00 pm <b>Marshmallow Roast*</b> Oceanfront Fire Pit	

\*In inclement weather, Yoga will be moved indoors. \*In Inclement weather join us for Hot Chocolate in the Kids Zone.

**Please note:** This schedule is subject to change without notice. Activities may be cancelled or relocated due to inclement weather.